

Youth Swim Program

April 3-May 24, 2023

49th and Oxbow location

Goals of the Youth Swim Program:

- The goal of the Youth Swim Program is to offer youth the opportunity to improve existing swimming skills and learn the value of being on a team.
- The main area of emphasis includes teaching and encouraging sportsmanship and creating a fun-filled swim experience for participants.
- Youth who are 7-15 years of age and can swim two lengths of the pool are eligible for this program.

Training Times:

- Mondays: 4:30-5:25 pm
- Wednesdays: 4:30-5:30 pm

Cost: \$75.00 (\$100.00 non-member)

Registration deadline is Wednesday, March 22, 2023

Sign-up in Sanford Wellness Center Sales Office

*Participant must be able to swim at least one length of the pool

For more information contact: Kathy.grady@sanfordhealth.org



Fitness that fits your life.

