Warm Water Pool Schedule March 6-May 7, 2023

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 – 8 am	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	
8:15-9:15 am	Adult Water Walking 8:15-9:15 am	Adult Water Walking 8:30-9:30 am	**Water Works 8:30-9:15 am**	**Move That Body 8:30-9:15 am**	**Advanced Joints-N-Motion 8:30-9:15 am**	Pool Closed	
9:15 – 10:00 am	Pool Closed	Adult/Family Swim 9:30-10:30 am	Pool Closed	Adult/Family Swim 9:30-10:30 am Bridging the Gap 9:15-11:00 am	Adult/Family Swim 9:30-10:30 am	Pool Closed	
10:00 – 12 pm	Pool Closed	Pool Closed	Pool Closed	Bridging the Gap 9:15-11:00 am	Pool Closed	Pool Closed	Pool Closed
12 – 1 pm	**Joints-N-Motion 12:00-12:45 pm**	Pool Closed	**Joints-N-Motion 12:00-12:45 pm**	**Aqua Strength & Balance 12:00-12:45 pm**	Pool Closed	Pool Closed	Pool Closed
1 – 2 pm	**Advanced Joint-N-Motion 1:00-1:45 pm**	Pulmonary Rehab Pool Closed	**Advanced Joint-N-Motion 1:00-1:45 pm**	Pulmonary Rehab Pool Closed	Pool Closed	Pool Closed	Pool Closed
2 – 3 pm	Pool Closed	Adult Open Swim 2:30-3:45 pm Bridging the Gap 3:00-5:15 pm	Pool Closed	Adult Open Swim 2:30-3:45 pm Bridging the Gap 3:00-5:15 pm	Adult Open Swim 2:30-4:00 pm	Pool Closed	Adult/Family Swim 2:00-4:00 pm
3 – 4 pm	Adaptive Aquatics (1/9-5/3/23)	Adult Open Swim 2:30-3:45 pm Bridging the Gap 3:00-5:15 pm	Adaptive Aquatics (1/9-5/3/23)	Adult Open Swim 2:30-3:45 pm Bridging the Gap 3:00-5:15 pm	Adult Open Swim 2:30-4:00 pm	Pool Closed	Adult/Family Swim 2:00-4:00 pm
4 – 6 pm	Adaptive Aquatics (1/9-5/3/23)	Bridging the Gap 3:00-5:15 pm Swim lesson 4:00-8:00 pm (3/14-4/6 & 4/11-5/4/23)	Adaptive Aquatics (1/9-5/3/23)	Bridging the Gap 3:00-5:15 pm Swim lesson 4:00-8:00 pm (3/14-4/6 & 4/11-5/4/23)	Pool Closed	Pool Closed	Pool Closed
6 – 7 pm	Adaptive Aquatics (1/9-5/3/23)	Swim lesson 4:00-8:00 pm (3/14-4/6 & 4/11-5/4/23)	Adaptive Aquatics (1/9-5/3/23)	Swim lesson 4:00-8:00 pm (3/14-4/6 & 4/11-5/4/23)	Pool Closed		
7 – 8 pm	Adaptive Aquatics (1/9-5/3/23)	Swim lesson 4:00-8:00 pm (3/14-4/6 & 4/11-5/4/23)	Adaptive Aquatics (1/9-5/3/23)	Swim lesson 4:00-8:00 pm (3/14-4/6 & 4/11-5/4/23)	Pool Closed		