



## Sanford Arts Internship

“We are human because of our brain, our hands, and our heart. Only the human being can express inspiration and emotion by combining all three and thus produce the expression of the human condition in writing, poetry, music, dance, visual art and design, and theatrical art, both stage and screen – all a creative expression of heart and soul. The arts can be used to heal both clinically as preventive medicines in mental health and for those suffering physically from illness.”

- WILMA BULKIN SIEGEL, MD pioneer in the hospice movement and award-winning artist known for her portraits of people living with AIDS, breast cancer survivors, the homeless and the elderly.

### INTRODUCTION

At Sanford Health, our vision is: *To improve the human condition through exceptional care, innovation and discovery.* This sets us apart as a healthcare system, which sees beyond medicine, helping to build hope and courage for each patient—even in the most challenging of situations. The Sanford Arts’ mission works towards health and healing through creativity. When artists and patients collaborate to make art, healing is possible even when there may be no cure.



Our primary purpose at Sanford Arts is to encourage wellness through creativity, the arts, and art activities. Our collaborators are our patients, family members, and Sanford staff. Thus, the purpose of the Sanford Arts Internship is to prepare students to collaborate on creative, arts-based projects within the healthcare environment. The goal of Sanford Arts’ internship is to provide the student intern an opportunity to learn both what it means to work in the healthcare environment and how to use their learned and innate creative talents, as a means to improve the quality of the visit, for our patients and participants. Students learn the value of workplace improvement when working with staff in their projects.

### DESCRIPTION

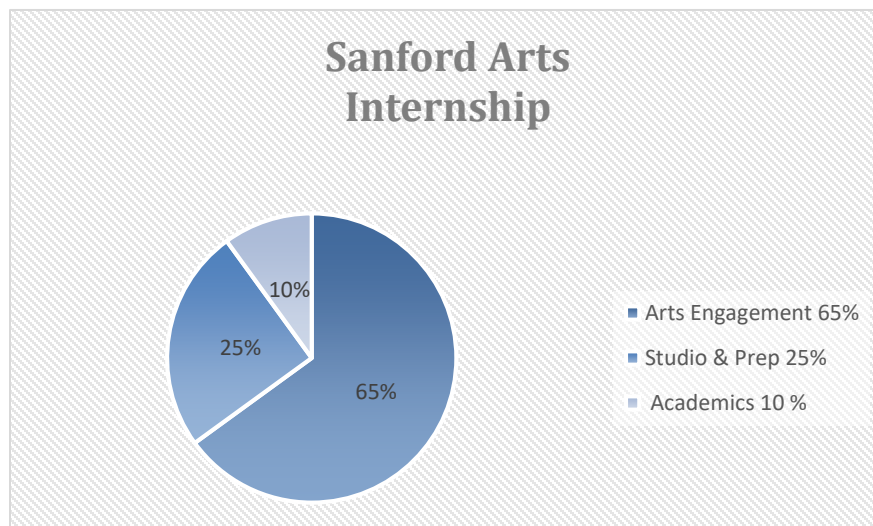
**Sanford Arts** originated in Sioux Falls, employing a few professional artists to provide a method of distraction for patients, while at the Sanford Cancer Center. Today, Sanford Arts enjoys as many as three full-time Artists and seven part-time Artists including Artists from the South Dakota Arts Council and interns from myriad Universities. In a perpetual search to improve the quality of our work, Sanford Arts now incorporates scientific inquiry in order to operate on a more educated and evidence based platform. Interns will learn the observable benefits creativity offers to patients as well as the value of recording and recognizing these differences.

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The Sanford Arts Internship seeks to provide interns with a well-rounded set of opportunities to work in different areas of our facility, with myriad variations of collaborators. For an ideal internship, we require students to aspire to 200 hours, or at least 15-hours per week, in the Spring/Fall semesters (20-hours per week over the summer). In order to thrive in the hospital environment, students will need to be flexible, creative, mature, compassionate, and outgoing in their work at Sanford. Sanford Arts requires students to work collaboratively with other artists as well as independently on projects. During the course of the internship, the primary responsibility of the student intern is to engage with participants working on varied and collaborative artistic activities. All Sanford Arts/Sanford USD Medical Center internships are unpaid. In reference to compensation, students may elect to earn college credit from their university. Sanford staff will work with students and university advisors in this endeavor.

This opportunity is available to any college/ university level student in their junior or senior year and graduate students, who are currently enrolled in a visual arts, art education, music, theater, dance, psychology, counseling or sociology program. The majority of time spent as an intern will be dedicated toward those arts-based activities and working with collaborators. Direct contact is the most rewarding aspect of our internship and it is our goal to provide interns with the most rewarding experience.

The Sanford Arts Internship consists of interdependent modules chosen to help prepare students to work in an Arts in Medicine environment and to engage directly with patients. These areas include:



- *Arts Engagement* (65%) – Maximizing quality patient encounters, including documentation. Art-making with patients and for patients. The emphasis is on the process of art-making rather than the finished product
- *Studio & Prep* (25%) – Time dedicated to preparing for those successful collaborations. Time here is also dedicated to learning new modalities or creating activity mock-ups. Studio and prep time include an end-of-internship art exhibition, which features both the individual works and collaborations.
- *Academics* (10%) – Analysis of the scientific literature on arts in healthcare and best practices, including a weekly group critique and a speaker series during the internship. A final written summary of the internship experience is also required academic component.

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## ART IN MEDICINE

Arts in Medicine is a multidisciplinary, dynamic and burgeoning field. The best programs combine the work and talents of both artists and therapists where each is trained and skilled in the use of specific tools to achieve well-defined goals. However, because of the overuse and misuse of the term *therapy*, there tends to be blurring of the qualifications and competency between artists and art therapists.

Please note: this internship is not an Art Therapy/ Music Therapy/ Expressive Therapy nor Dance Therapy internship; it is an Arts in Medicine/Healthcare internship.

## EXPECTATIONS & GUIDELINES

Students can expect to spend a majority of their time engaging with participants. At the same time, we acknowledge and appreciate the need for preparation, project creation and documentation. Students will enjoy the latitude to prepare for and build projects that facilitate accessibility and participant enjoyment.

1. *Academic Credit:* Your educational institution dictates whether the internship can be taken for academic credit. Sanford Arts will support the student's pursuit of academic credit.
2. *Commitment:* Strive for a minimum of 200 hours per semester; 15/20 hours per week. The completion of daily arts engagement, documentation, weekly reading assignments, individual and group projects and individual and group supervision.
3. *Attendance:* It is expected the student intern will be present every day they are scheduled. Gaps in participation have found students feeling disjointed, as though they are always catching up, and generally prevent a sense of ownership over the work and the program.
4. *Art Exhibition & Artwork:* The internship will conclude with an Art Exhibition. Each student is required to produce up to 10 individual pieces. These can be collaborations with patients or individual creations. Sanford Arts will provide the supplies and studio time and because of this, we require that the works remain at Sanford for up to one year. After one year, the student will be given the choice to reclaim the works or donate them.
5. *Final Paper:* Each student intern will complete a final, retrospective paper to be discussed during the exit interview.

## INTERNSHIP BENEFITS

1. Promote the role of the Arts in Medicine, and exemplify how the arts can be used effectively to promote wellness.
2. Examine and study the intrinsic need and power of the arts.
3. Gain experience working on a health care team, within a major healthcare organization.
4. Obtain the ability to differentiate between the work of an Artist and the work of a Therapist.
5. Recognize competency boundaries and adhere to them.
6. Utilize resources.
7. Learn about possible career opportunities for artists in healthcare.
8. For those interested in further study in Art/Expressive Therapies: learn and study the basic tenants of Expressive Therapy/Art Therapy as it applies to your work.

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## APPLICATION MATERIALS

Please send items 1-6 in one, completed envelope rather than in 6 different iterations.

1. Application
2. University Transcript
3. Up to 5 Examples of work; or 2 audio examples of performances: or DVD of Theater performance
4. Self -Evaluation (see enclosed form)
5. 1-2 pg. essay regarding the goals you have for this internship and the connection to your career after university
6. Three completed recommendations(see enclosed form)

**Finished.** electronic versions of the application may be sent to [Jessie.Park@Sanfordhealth.org](mailto:Jessie.Park@Sanfordhealth.org) , or you may submit all materials via regular post.

*Mail completed applications to:*

Sanford Medical Center, c/o Jessie Park in Sanford Arts  
Route #6881  
1305 W. 18<sup>th</sup> Street  
Sioux Falls, SD 57104

OR

[Jessie.Park@sanfordhealth.org](mailto:Jessie.Park@sanfordhealth.org)

*Application submission dates:*  
(submission dates are flexible)

### **Internship**

Fall, 2021  
Spring, 2022  
Summer, 2022  
Fall, 2022

### **Due Date**

July, 2021  
December, 2021  
May, 2022  
July, 2022

Please indicate semester of choice

## SELECTION CRITERIA

We will evaluate each application according to the following five criteria.

- *Leadership:* This can range from actual leadership positions to acting as a leader in group situations or even leading a group project.
- *Character:* An education of the situation our participants are in and what they are going through will be given to students. We want to trust that along with the education and support, students will show compassionate understanding and give the necessary amount of empathy when interacting with the most valued element in our hospital.
- *Flexibility:* Be open and flexible to opportunities and new ideas presented. Change is imminent and something that is dealt with everyday at Sanford Arts.
- *Communication:* Your ability to communicate your needs, communicate well with others, communicate well in writing and your ability to listen are essential to your mastery of the material and workplace.
- *Artistic Skill:* Ultimately, we see students bringing their unique skills and character to the work of creating extraordinary patient experiences. The skills students bring to the internship are understood to be in place and while learning of new techniques and mediums is likely, students should not expect classes or large amounts of time dedicated to instruction of technique.

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## SUPPLEMENTAL INFORMATION

1. The applicant will be contacted for an interview if the applicant meets eligibility requirements and if a position is available. If selected, written confirmation of acceptance will be provided to the student, and the student's time commitment will be established.
2. Before any student may become a student intern, and *if* the student elects to receive academic credit: the student, the student's university advisor and Sanford's Center for Learning and Innovation (CLI) will work together to complete an agreed upon set of goals and expectations. All necessary requirements of CLI must be completed before the student may begin said internship. Jessie will connect CLI with the student upon informal acceptance.
3. CLI requires that each intern complete and pass a background check facilitated by Sanford, prior to starting within Sanford Arts. If the cost of a background check is not covered by the student's university internship program, Sanford will cover the cost of the background check.
4. If the student elects not to receive Academic Credit for completing the internship, Volunteer Services will complete the onboarding requirements. Volunteer Services covers the cost of the background check and will complete the required educational components necessary to understand Hospital policy with regard to privacy and safety.
5. Students are subject to Sanford policies and violations of those policies are always taken seriously.

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