

Sanford USD Medical Center Sioux Falls 2024-2025 PGY1 Pharmacy Residents

Karly Blaalid, PharmD

College of Pharmacy: South Dakota State University

Clinical Interests: Rural Health, Oncology, Infectious Disease, Emergency Medicine

Research Project: Piloting a Palliative and Pain Pharmacist Position at Sanford USD Medical Center

Favorite Thing about Sioux Falls:

Local restaurants/ coffee shops, walking trails, and Falls Park!

Email: karly.blaalid@sanfordhealth.org



Allie Bladholm, PharmD

College of Pharmacy: South Dakota State University

Clinical Interests: Internal Medicine, Infectious Disease

Research Project: The Utility of MRSA Nasal Swab Screening in Skin and Soft Tissue Infections – Analysis of Positive Predictive Value at Sanford USD Medical Center

Favorite Thing about Sioux Falls:

All the wonderful people!

Treats: B&G Milkyway Ice Cream Shop, CH Patisserie

Shops: Mint & Basil Boutique, Barnes & Noble

Activities: mini-golf, axe-throwing, glow-in-the-dark bowling, karaoke, and so much more!

Email: alexandra.bladholm2@sanfordhealth.org



Brooklynn Downing, PharmD

College of Pharmacy: South Dakota State University

Clinical Interests: Critical Care, Pediatrics

Research Project: Implementation of a Standardized Clonidine Taper Protocol for Dexmedetomidine Withdrawal in Pediatric Patients

Favorite thing about Sioux Falls:

Access to all the amenities a large city can offer (entertainment, food, shopping) within a tight-knit community built on small town values

Email: brooklynn.downing@sanfordhealth.org



Amelia Stene-Boyer, PharmD

College of Pharmacy: South Dakota State University

Clinical Interests: Internal Medicine, Cardiology, Pediatrics

Research Project: Oral Antibiotic Step-Down Therapy in Hospitalized Patients with Gram-Negative Bacteremia Secondary to Cholangitis

Favorite thing about Sioux Falls:

The downtown boutiques and restaurants!

Email: amelia.stene-boyer@sanfordhealth.org



Sanford USD Medical Center Sioux Falls 2024-2025 PGY2 Thrombosis & Hemostasis Management Resident

Josey Poppens, PharmD

College of Pharmacy: South Dakota State University

PGY-1 Residency: Marshfield Clinic Health System,
Marshfield, WI

Clinical Interests: Anticoagulation Stewardship,
Cardiology

Research Project: Pharmacist Led Anticoagulation
Stewardship Program Impact on Deprescribing
Inappropriate Antiplatelet Therapy for Patients on
Anticoagulation Therapy in the Outpatient Setting

Favorite thing about Sioux Falls: The variety of
restaurants; big city without the big city feeling!

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Sanford Imagenetics

2024-2025 PGY-2 Clinical Pharmacogenomics Resident

Halle Brady, PharmD

College of Pharmacy: Pacific University, Hillsboro,
OR

PGY-1 Residency: Asante Rogue Regional Medical
Center, Medford, OR

Clinical Interests: Pharmacogenomics, Oncology,
Cardiology

Research Project: Evaluation of the Impact of
Pharmacogenomic Testing on Adverse Effects in
Patients Taking Opioids

Favorite thing about Sioux Falls: All the nature parks
in the surrounding area!

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