

# Sanford South University Hospital Fargo – Acute Rehabilitation

Serving the region since 1984.

CARF Accredited – Aspiring to Excellence in Rehabilitation since 1991.

Patient Outcomes FY 2021 – General Rehab Program – “Believe You Can Achieve”



As a person interested in the rehabilitation unit, you have the right to know about us. We recognize you have a choice in health care services and we want to thank you for considering/choosing Sanford Health.

We served people 14 years and older this past year tallying 389 patients. 123 patients were in our General Rehab Program. We served 3 adolescents < 18 years.

Patients participate in at least 3 hours of therapy per day, 5 of 7 days a week, while also having their medical needs met. Length of stay can be influenced by various factors such as severity of injury, medical status, etc.

## For Your Information

Impairment	# of Patients in FY 2021	Average Length of Stay	Region Length of Stay
Traumatic Spinal Cord Injury	14	32.1	38.0
Acquired Spinal Cord Injury	16	24.8	18.6
Orthopedics (fracture, replacements, other)	18	9.3	11.1
Neurologic Conditions	13	17.0	13.5
Debility/Cardiac	21	9.3	11.0
Amputation	7	7.3	10.1
Multitrauma	13	11.3	11.4
Post COVID	21	12.5	10.8

Patient Statistics	Sanford	Region
Average Age	56.4	63.2
Medicare as primary insurance	37.2%	44.2%
Discharged to community	75.6%	82.6%
Discharged back to hospital	10.6%	8.3%
Discharged to long term care	13.8%	8.5%

## Patient Satisfaction Surveys

Likelihood of recommending hospital to others:
<ul style="list-style-type: none"> <li>98%</li> </ul>
Overall satisfied with program and outcomes
<ul style="list-style-type: none"> <li>95%</li> </ul>

## Quality Outcomes

No Catheter Associated Urinary Tract Infections since 2007
No Central Line Infections since 2009
No Hospital Acquired Pressure Injuries this year
Change in patients ability to care for themselves: 12.1 compared to nation 13.9*
Change in patients' ability to move around: 31.2 compared to nation 34.4*
*These measures reflect our rehab's average change in self-care and mobility scores between admission and discharge.

### **What our Rehab has to offer Patients / Families / Acute Teams:**

Interdisciplinary Team Approach with care managed by Board Certified Physical Medicine and Rehabilitation Physicians

- ON SITE Physical Medicine and Rehab Physiatrists
- CARF accredited in General Rehabilitation and Brain Injury for 33 consecutive years (11-3 year accreditations)
- Brain Injury Support Group and Stroke Support Group meet monthly and offered to all patients and families.
- Multiple therapists are Certified Brain Injury Therapists available in both Inpatient and Outpatient Programming
- 24/7 internal medicine availability IN HOUSE for medical management/emergency needs with the ability to provide services such as lab, x-ray, dialysis, respiratory care, etc. ON SITE
- Sanford Medical Center in Fargo is:
  - CARF accredited in General Rehabilitation and Brain Injury (the only one in North Dakota)
  - Comprehensive Stroke Certified (the only one in ND)
  - Certified Level 1 Trauma Center (the only one in ND)
  - Non-Profit Organization