

## Sanford AirMed Hosts World-Renowned Critical Care Educator

Sanford AirMed in partnership with Sanford EMS Outreach welcomed critical care educator's and best-selling author's Eric and Ashley Bauer for a three-day advanced practice update and critical care review course.

AirMed staff in attendance received 24 hours of live education designed to meet and exceed the recommendations set-forth by the certifying bodies who confer the FP-C, CCP-C, and the CFRN advanced certifications.

As part of AirMed's commitment to clinical excellence, all clinical staff are required to obtain and maintain an advanced board certification within two years of hire. This requirement ensures all of our clinician's receive a minimum of 100 hours of continuing education every four years to provide our customers with the latest emerging evidence-based medicine and industry best-practice standards.



### Fun Fact

The Wright Brothers' maiden flight was in the year 1903 but the first air ambulance service dates back to 1870!

Wondering how?

It was the French who first found use for it in their military endeavors. The air ambulances were not really mechanical. What the French used were air balloons. Well, we can still call them air ambulances.

**SANFORD**  
HEALTH

SUMMER 2019

**SANFORD**  
**AirMed**

**Flight Notes**  
**844-4-AirMed**



## Tim Vreeman

Our good friend and Helicopter Pilot Tim Vreeman retired from AirMed on April 1, 2019. He had been flying for the flight program in Fargo for more than 20 years flying thousands of missions since August of 1998. There is no doubt that his skills and unique expertise has made a positive impact on every patient transported. He has had an awesome career at Sanford but his story is much broader than that.

Tim began flying helicopters in December of 1968 in the US Army. He graduated flight school at age nineteen and went to Vietnam in 1970. In 1975 Tim began a long history flying the Chinook helicopter. He had many duty assignments in the Army, which also included being deployed to Saudi Arabia in support of Operation Desert Storm. He continued flying different variants of the Chinook until his retirement from the US Army in 1995 with nearly 27 years of service.

Tim has flown helicopters for more than fifty years. He has flown in 39 states and 15 countries throughout the world in 9 different helicopter types and 14 different airplane types.

Thank you Tim for your years of military service and the years of service in Sanford's mission of health and healing. You will always be part of our team.



## Summer Awareness

After a long, cold winter and enough rain to float an ark, summer is finally here in the upper Midwest. With the warmth comes other fun, outdoor activities, but also the risk of heat exposure and other hazards. The best mitigation to prevent heat exhaustion is to prepare. This begins with staying hydrated with proper fluids (water) as well as limiting direct sun contact.

Here at AirMed, we cannot avoid the heat, but we educate our teams to be smart when it comes to working through the "dog days" of summer. The Old Farmer's Almanac lists the traditional timing of the "dog days" as 40 days beginning July 3 and ending August 11, coinciding with the rising of the Dog Star, Sirius. Another fact to point out is being underneath a tree is the second leading cause of lightning casualties. Lastly, as we approach Fourth of July, fifty percent of the firework related injuries occur to kids ages ten to fourteen years old and of those injuries, over half are burns. Be safe this summer and enjoy your time with family and friends.

Josh Weiland  
Safety Officer  
Sanford AirMed